# THE IN TH

Bloomington High School, 10750 Laurel Avenue, Bloomington, CA. 92316
Principal: Yvette Roman
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## No Vacation

#### There was no sleep for the track and field team during spring break

Alondra Mayorga Staff writer

he track and field spent their first day of spring break waking up at 6AM and meeting at the school to start their trip to Beaumont High for the annual Beaumont Cougar Classic Invitational where over thirty schools competed for a chance at a medal.

From cross country to track, Victoria Loyo put in the work with the goal to take the league meet title. Victoria, a sophomore, raced a varsity race against seniors. Running right behind her opponent the first mile, her big kick kept other challengers at bay, but could not quite beat Beaumont.

"I did the two mile and got a personal record of 12:12, which was super exciting. I got second place, which was cool. But leading up to the race I was so nervous because I knew there weren't too many people in my race but I knew they were going to be fast. But it was overall a fun experience."

On the guy's team, Alan Nava worked hard to run his fastest before he graduates.

"I did the 3200 meter and I didn't do as well because of a mental block that I couldn't go with the people in front of me. I got third, regardless, my time was 10:56. Everything was great except for the ten hour long wait. It all just depended on me."

From Monday through Saturday the distance track athletes trained Continued to page 2

**Second chance:** Bryan Arroyo does a balancing act during the Sept. 15 pep rally. "I volunteered to compete for the juniors. But we didn't win. The hardest part was getting the bikes moving." Bryan also volunteered to eat a bunch of candy during the Dec. 1 pep assembly.



## NEWS

#### o rest

and even had a second race right before spring break was over. On March 31, only distance runners took a van to Fullerton High and competed in the Fullerton Distance Carnival. We had lots of medalist.

Going in cool, calm, and collected, Daniel Ocampo raced in the 800 meter event.

"I got fifth with a time of 2:17. I was really calm and the environment was calm. The reason I continue running is because I want to get as far as possible from my problems and make sure they get nowhere close."

The boys were on fire, but the girls wanted some fire too. Yamilet Lopez, a freshman, took on the 800 meter race and left it all on the track.

"I did pretty good. I got third with a time of 2:40 which is a season personal record. I was pretty nervous before the race because most of the other girls had a faster time entry time than me."

**Jump into action:** George Amajoyi clears the hurdle with ease during the meet on April 6 against Arroyo Valley. "I feel like I can run the hurdles because I have the stamina and the height. The only time that I have hurt myself in track was when I fell last year. The different hurdles that I run are 110m hurdles and 300m hurdles. My technique for running hurdles is jumping off my dominant foot and putting my other leg over the hurdle; it's kind of hard

Photo by Alondra Mayorga



## Hot Season

'ER SPORTS WERE HOT, HOT, HOT AS EVERY TEAM MADE PLAYOFFS

Desiree Pedroza, Ricky Rodriguez, Aniya Nix, Leonard Campbell, Yvette Sandoval, Sabrina Rodriguez Staff members

oops, they did it again! As the varsity girls basketball team realized they were going to playoffs, a huge cheer could be heard all the way into space. The last time the girls had a playoff berth was in 2006; before that was in 1991.

Most of the girls were returners, but their coach was not. In 2006, the Lady Bruins took to the playoffs for the first time in 15 years with a new coach, Robert Reed. This year, Coach Anthony Grayson came into Bruin Country as a stranger to the Lady Bruins.

On Jan. 11, in an intense game against Colton, it all came down to one free throw by Makayla Sanford to end the game 25-22.

"The first Colton game was stressful and nerve wracking at first. The pressure of the free throws at the end of the game was a good feeling. It was like an adrenaline rush that I loved and the feeling of making them and helping my team was great," said Sanford loud and proud.

The following week on the Jan. 20, the Yellow Jackets came to Bruin Country and the Lady Bruins were ready to fight, literally.

"They elbowed me in the head and that caused me to fall and hit my head, leaving me with the feeling of defeat and anger," said point guard Itzel Morales. Jump balls brought tension between the teams. Dirty looks, bitter tongues, and the taste of playoffs so close both teams wanted the win.

However, our ladies wanted it more, taking their second win against Colton, 32-21.

The team came in second in league, which allowed them to go to playoffs. Their first playoff game was against Hemet, but the girls lost, 13-49. That didn't lessen their spirit. "It has been 17 years since girls went to playoffs and even though we lost, it as great knowing we added to the school's basketball history," said sophomore Rhiona Conwell. "I can't wait to see what we do next year."

oys basketball was not to be outdone. They too came in second in league and earned a spot in playoffs. The last time the boys went to playoffs was the 2020 sea-

son, and this year it all came down to one game. The Notre Dame game on Jan. 20 would decide

second place and that chance to move on. But the game was on Notre Dame's home court and the home court advantage would prove to be rough.

"The intensity was high because it was an important game for us to win to make the playoffs. Every shot that was made had the crowd screaming and on their feet. No rivalry or any drama with the team, but the crowd was trash talking our team throughout the game," said David Trujillo.

"The game was crazy, it was close the whole time and they (Notre Dame) kept coming back, making it a one possession game. In the fourth quarter in the final minutes, we were able to put it away with some key stops and great communication. It seems like everyone on both sides was making their shots which led to an exciting game and the crowd noise in there didn't let us communicate either," said Alejandro Cervantes. The boys won 59-51 and that sealed the deal.

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## **SPORTS**

### They are HOT

Continued from page 2

On Feb. 8, the boys playoff dreams started. The team went up against Rim. Rim proved to be too tough to beat, the BHS lost, 36-56.

oy's soccer continued their dominance of the Sunkist League. The team learned at the end of January that they were going to the playoffs and took second in league. Team captain Lucas Carballo has played all four years. "The hardest part about being a captain is maintaining composure when things don't go our way. I've scored 14 goals this season."

The team's first playoff game was Feb. 9 against Redlands East Valley. The team won 1-0. They were the only winter sport to continue on to round two. But they ran up against Los Alamitos and lost 0-4.

"It felt hard watching my seniors cry; it was certainly disappointing, but we had a great season so we had something to be proud of," said Andres Diaz.

t was just one more thing to worry about. Forget about college applications or passing English. Girls soccer has a reputation to live up to...making playoffs.

"I feel great going to the playoffs. I also feel confident with the team we have. Yes, there were some challenges along our

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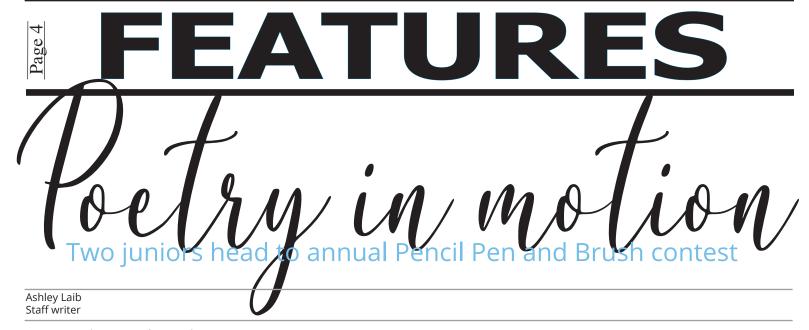
**Where they are: (Above):** The team made playoffs for the first time since 2006. Captain Makayla Rhone was a big part of that. "We all worked hard to get where we are right now." The team's first playoff game in 17 years took place on Feb. 9 against West Valley Hemet. Photo by Aniya Nix.

**Like father, like son:** Like Lucas Carballo, Evan Howard has played soccer all four years, and is the son of a coach. "I play left back. I feel like there's more pressure playing on the team knowing my dad's the coach because people might think I'm only on the team because he's the coach," said Evan Howard.

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t's that time of year. The rain has stopped, the flowers are blooming, baseball is back...and so is the annual Pencil, Pen and Brush contest.

Every year, the district holds it's annual contest to showcase the best of the arts. Two juniors, Jesus De La Riva-Isidro and Abel Duran were selected out of over 60 entries to represent BHS and juniors.

Jesus, who is also on the varsity baseball team said, "My grandmother inspired me to write it. I was really surprised that my poem was selected for the contest. I think there were like 60 other juniors who turned in poems."

Abel, who is in the Enviromental Club said, "The poem I wrote is mostly about me, what I was thinking at the time. I followed my English teacher, Mrs. Desrochers' advice, and wrote what I knew best...me."

Desiree Pedroza was selected to represent the senior class. "I did this poem for an English assignment for Mr. LaFarge. My yearbook teacher gave me a choice of entering a photo or poem into the contest, so I selected the poem," said Desiree.

Their poems are at right.

Another winner was Stephanie Becerra who is in a long list of BHS art students who won the Pencil, Pen, and Brush Poster Contest.

"It's very exciting to win, they printed my art on big posters and placed the posters all over the district." I Remember By Jesus De La Rivas-Isidro 11th grade

I remember when I was five.
I used to pedal my bike as fast as I could.

But, it feels like I pedaled the wheels of time.

I remembered hitting a baseball for the first time

Now I'm a varsity baseball player. I remember watching my dad drive Now I have my license.

I remember my dad getting up early for work

Now I do that every weekend. I remember seeing my mom and dad happy with each other Now I have that too.

I remember my grandma making me breakfast

Now I wish I could just hear her

My childhood is gone.
I'm in high school now.

Adulthood is right around the corner.

Everything went by too fast. If I learned anything it's not to grow up too fast.

I wish I would have gotten off the bike and

WALKED.

Brainstorming By Able Duran 11th grade

> My mind is blank can't think of a thing Trying to brainstorm But it all sank Down

Down
Deep into the sea
The sea of my mind
Just like that spare dime
I really can't rhyme
Just \*breath\*
It's gone astray
Far Far Away
It's gone forever
No matter ALL of my ...
What was the word again

**Endeavors!** 

I really am trying
But my thoughts are colliding
Maybe-----That's what I need
That deafening silence
The dull roar
The festive tranquility
Of being alone
So many feelings and yet none are right
To describe this feeling Experience
To be alone with yourself

With your thoughts
With your feelings
To work things through
Like how grown people should
But I'm not that grown
I'm only sixteen
Yet it's always been me
And just me
Alone with myself

And

Fixing my aches

Fixing

So I won't break

Longing for the Ocean By Desiree Pedroza 12 grade

The sound of the waves slapping the shore in a teasing game of tag The taste of the salty ocean water after you have been tossed around by the waves That is what happiness is The ocean is where my inner child longs to be It has always made me happy to see the place The place I so long for I always long for the smell of the salty waters The feeling of sand between my toes always made Me feel joyful and welcome Seeing the ocean whether up close or from afar It will always make me feel happy and rejoicing as My inner child is finally home





**Fixing** 

Mirror image: Mariah Arellano took this photo while covering AP art. "I was in class and I happened to see this, Samantha Lopez's reflection in a mirror as she was painting. I thought it would make a cool picture."

## SPORTS They are HOT

Continued from page 2

way trying to get into the playoffs, but we still fought our way up," said Danielle Ascencio.

For the last thirteen years, the team has made it to the playoffs, including winning CIF in 2020 as the Division 4 champions, just before COVID closed everything down. The girls realized after the Grand Terrace game that the pressure was off, they were in.

"I feel excited because it's a great feeling to know that we get another chance at playoffs to show what we can do and achieve as a team. There is a little sense of pressure knowing that we all want to get further than we did last year, but overall I feel good about our team and excited to see how far we can go. My favorite memory was winning CIF my freshman year and being able to celebrate the accomplishment with my teammates and coaches, " said Jimena Robles.

restling had individual players selected to playoffs. though Even their season didn't start until November, half of the wrestling team decided to start practicing in August and didn't slow down even in February, all to reach their dreams.

"This season has been really hard on me. I spent the whole season wrestling state ranked individuals, but that never stopped me from trying. I managed to put them all on their backs; to me (not being ranked) means a lot. I might lose, but that just helps me grow and feeds my passion to one day reach state," said Angel Torres.

This season there are three new captains, Alondra Leon (five wins), Steven Sanchez (19 wins) and Dominic Villareal (18 wins). They make sure to set a good example for their teammates by always showing up to practice and giving it their all.

"I believe to be a wrestler, you have to believe in yourself even in the toughest of times and trust your coaches. Be patient and trust that all your hard work pays off," said Alondra Leon.

There are four girls on the wrestling team, two on IV and two on varsity, including Sandy Martinez, varsity. "I wrestle in the 145 lb. weight class. I have four wins this season. My favorite move is either the butcher or the half."

Raise your hands: Ethan Villanueva wins his match against Colton on Jan. 21. "I wrestle the 132 lb. I have 12 wins and I couldn't have done it without the guidance of my teammates. After winning a match, it feels great knowing all my hard work paid off; winning as a team feels even batter.'

Leader of the pack: Valeria Valencia moves the ball against Carter High. "I am a center. Being captain gave me a lot of responsibilities but it was a good experience to lead the team. I have played soccer for eight years. My favorite game was senior night when we played against Grand Terrace."







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